Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 03 Jul 2023 until 23:59 on Tuesday 04 Jul 2023

Forecast Issued on Sunday 02 Jul 2023 at 14:54 by Met Office Aberdeen

Confidence: High for some showers over next few days. Also for winds becoming light and staying cold on the tops. Lower confidence on day to day shower detail.

Headline for Monday 03 Jul 2023: Bright spells and scattered showers. Cold and quite windy on the tops.

Mountain weather hazards on Monday 03 Jul 2023

Blizzards
No Likelihood

Gales
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
Low Likelihood

Heavy persistent rain
No Likelihood

Storm force winds
No Likelihood

Poor visibility
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain showers (night)	Light rain showers (night)	Light rain showers	Sunny intervals	Light rain showers	Light rain showers	Light rain showers	Light rain showers
Precipitation probability							
30%	30%	30%	20%	40%	50%	40%	30%

Forecast for Monday 03 Jul 2023

Weather: Clear periods during the night with some showers continuing, especially over Lochaber and Glencoe. Bright spells on Monday with further showers. The showers most frequent in west with a few heavy showers in afternoon and a very small risk of thunder.

Chance of cloud-free hill tops above 800m: 70%.

Low Cloud and visibility: Generally very good visibility with occasional cloud above about 700 to 800m and a canopy of higher level cloud. Brief interruptions to poorer visibility as showers pass by and clouds lower down the hills.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 03 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	29/36 W	28/34 SW	26/33 SW	26/34 W	25/33 W	24/33 W	22/30 W	20/26 SW	17/23 SW
900	21/28 W	20/27 W	20/26 W	21/29 W	20/29 W	20/29 W	18/25 W	16/22 W	14/19 SW
600	22/29 SW	22/28 SW	20/27 SW	23/31 W	21/30 W	22/30 W	18/26 W	16/22 SW	15/21 SW
300	12/17 SW	11/17 SW	12/18 SW	13/22 W	13/22 W	14/23 W	11/19 W	10/16 SW	8/14 SW
Glen	8/19 W	8/19 W	8/18 W	12/24 W	12/24 W	14/26 W	10/20 W	7/16 SW	6/14 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	2/-5	2/-5	2/-5	2/-4	3/-3	3/-3	3/-3	3/-2	3/-2
900	4/-1	4/-1	4/-1	6/0	6/2	7/2	6/2	6/2	6/2
600	7/2	6/2	7/2	8/3	9/5	9/5	8/5	8/4	8/4
300	9/6	9/6	9/6	10/8	11/9	12/9	11/9	10/8	10/8
Glen	11/9	10/9	11/10	13/10	14/12	14/12	14/12	12/11	12/10
Freezing Level*	1500m	1500m	1500m	1500m	1500m	1600m	1700m	1800m	1700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Strong, gusty winds will continue to make walking difficult over higher ridges and summits where it will feel bitterly cold.

Forecast for Tuesday 04 Jul 2023

Weather: Mostly cloudy a lot of showers or even some longer spells of rain. The showers will become heavy at times in the afternoon, possibly thundery, especially across the Trossachs.

Maximum wind: Much lighter winds at all levels. Generally northwesterly winds with average speeds on the tops of only 10 to15mph.

Chance of cloud-free hill tops above 800m: 40%.

Low Cloud and visibility: Away from showers, the visibility will be good with fairly extensive cloud cover above about 700 to 800m. Misty conditions in rain with patches of poor visibility as heavy showers pass by with clouds lower down the hills.

Temperature: **Glens:** Plus 7 Celsius rising to 15 Celsius.
At 800m: Plus 8 Celsius.
Freezing level: Above the summits.

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